

DEVON SCHOOLS' AA CROSS COUNTRY CHAMPIONSHIPS: SATURDAY 24th JANUARY 2026

KINGSLEY SCHOOL – NORTHDOWN ROAD, BIDEFORD, EX39 3LY

England Athletics Licence Number CC25/1773

12pm Primary Schools GIRLS RACE: (1 Short + 1 Long lap) 2065m

START-A-START-A-B-C-D-E-F-G-FINISH

12:15pm Primary Schools BOYS RACE: (1 Short + 1 Long lap) 2065m

START-A-START-A-B-C-D-E-F-G-FINISH

12:30pm MINOR GIRLS RACE (2 Short laps + 1 Long lap): 2550m

START-A-START-A-B-C-D-E-F-G-FINISH

12:45pm MINOR BOYS RACE (2 Short laps + 1 Long lap): 2550m

START-A-START-A-B-C-D-E-F-G-FINISH

1:00pm JUNIOR GIRLS RACE: (1 short lap + 1 Medium lap + 1 long lap) 3330m

START-A-START-A-B-C-D-E-G-A-B-C-D-E-F-G-FINISH

1:20pm JUNIOR BOYS RACE: (1 short lap + 1 Medium lap + 1 long lap) 3330m

START-A-START-A-B-C-D-E-G-A-B-C-D-E-F-G-FINISH

1:50pm INTER/GIRLS RACE: (2 Medium laps + 1 Long lap) 4230m

START-A-START-A-B-C-D-E-F-G-A-B-C-D-E-F-G-FINISH

2:10pm INTER BOYS RACE: (1 Short lap + 2 Medium laps + 1 Long Lap) 4595m

START-A-START-A-B-C-D-E-G-A-B-C-D-E-G-A-B-C-D-E-F-G-FINISH

2:35pm SENIOR BOYS RACE MENS RACE: 5465m (1 Short lap + 3 long laps)

START-A-START-3x(A-B-C-D-E-F-G)-FINISH

ATHLETE RACE REGISTRATION IN
THE PREP SCHOOL HALL - OPENS
AT 10:30am

OFFICIALS
CAR
PARK

TOILETS

AREA OUT OF
BOUNDS

AREA OUT OF
BOUNDS

TOILETS

START

STEEP
UPHILL

DOWNHILL

FINISH

RESULTS
ROOM &
OFFICIALS
BRIEFING

UPHILL

DOWNHILL

COURSE DESCRIPTIONS

Short Lap of Start Field = 365 metres

START - A - START - A

Medium Lap = 1265 metres

START-A-B-C-D-E-G-FINISH

Long Lap = 1700 metres

START-A-B-C-D-E-F-G-FINISH

NOTES:

**RACE REGISTRATION IS
OPEN FROM 10:30am.
ON ARRIVAL GO TO THE
SPORTS HALL TO CHECK IN
WITH YOUR AREA TEAM
MANAGER WHO WILL ISSUE
YOUR RACE NUMBER IN
RETURN FOR THE 'MATCH
FEE' OF £2 PER ATHLETE.**

**RUNNERS ARE ADVISED TO
WALK THE COURSE BEFORE
THEIR RACE AS THE
COURSES ARE NARROW IN
PLACES WITH SOME
EXPOSED TREE ROOTS SO
TAKE EXTRA CARE
ESPECIALLY ON THE
DOWNHILL SECTIONS.
THERE IS A NARROW
GATEWAY BETWEEN E & G**

**RUNNING SPIKES
(Recommended max. 12mm)**

**SOME PARTS OF THE
COURSE NEAR BELVOIR
DRIVE (bottom of the map)
CAN GET VERY WET**

**HOT & COLD REFRESHMENTS
ON SALE BY COURSE POINT C
OUTSIDE SPORTS HALL FROM
10:30am**

**Race Referee:
Keith Reed (Devon AA)**