

# DEVON SCHOOLS' A.A. CROSS COUNTRY CHAMPIONSHIPS

**SATURDAY 24<sup>th</sup> JANUARY 2026**

**KINGSLEY SCHOOL – NORTHDOWN ROAD, BIDEFORD, EX39 3LY**

**First event at 12 noon**

Race Referee: Keith Reed (Devon County AA)



## **INSTRUCTIONS FOR ATHLETES AND SPECTATORS:**

### **CAR PARKING:**

There is ample car parking as shown on the accompanying car park map.

Please follow the instructions of the car parking steward at all times.

Given the number of visitors please **DO NO ASSUME** that you will be able to park on the school site be prepared for a 5-10 minutes walk from one of the town car parks.

Event UKA Officials and Blue Badge holders have a designated car park next to the Sports Hall.

Team Managers and course volunteers will use the Sports Hub carpark **P6** at the top of Northdown Road on The Slade.

### **ATHLETE REGISTRATION:** PLEASE NOT ARRIVE BEFORE 10:30am

Before registering, athlete information will be collected this year digitally by scanning a QR code which will be available around the site (and via the website) for you to complete. Paper copies also available for backup.

Athlete Registration is under the Cloisters outside the Sports Hall and opens at 10:30am.

Each of the four Areas will have a designated reception table from which your team managers will issue individual race number in return for your £2 match fee.

Race numbers must be pinned to the front of your running vest with 4 safety pins, one in each corner.

In the combined Inter/Senior Girls' race Senior runners will be required to pin a coloured blank card disk on the rear of their vest to indicate their age group.

### **COURSES:** ATHLETES MAY VIEW THE COURSES FROM 10:30am – **NOT BEFORE THIS TIME**.

The courses will be closed five minutes before the start of the first race.

They are quite challenging, with one steep hill on each lap and include twisty tracks through woodland and around the playing fields.

Football boots or running spikes with 12mm length spikes are recommended footwear.

### **PRESENTATIONS:**

Immediately after each race the first three finishers will receive Devon Schools AA medals.

**PROGRESSION TO REPRESENT DEVON** in the South West Schools' AA Championships on Saturday 7<sup>th</sup> February in Exeter (Hosts: Devon Schools AA) and the English Schools' AA Champs on Saturday 14<sup>th</sup> March at Sefton Park in Liverpool. The first 16 finishers in each race will be required to complete an availability form and hand in to Nicky Holland (Senior DSAA Team Manager) who will be based in the Sports Hall.

Details of qualifying criteria are being reviewed and will be shown on the Devon Schools' AA website [www.devonschoolsathletics.org](http://www.devonschoolsathletics.org)

### **FIRST AID:**

First Aid is provided by Dartmoor Ambulance Services and will be based in the Start/Finish area.

Course marshals will be in radio contact with the first aid team at all times.

### **CATERING:**

Light refreshments will be on sale from the cloisters area of the Sport Hall from 10:30am.

### **RESULTS:**

Provisional results will be posted on the event board at the finish area immediately after each event. Full results, including Inter Area Team scores, will be uploaded to the website by Monday 26<sup>th</sup> January.

### **PHOTOGRAPHY:**

There will be official photographers representing both Devon Schools AA and local newspapers at the event – should you not wish photographs of yourself to be published in the public domain please make this clear to your Area Team Manager(s) **before** the meeting starts.