

International Team Selection

The 10 Athletes invited to represent ENGLISH SCHOOLS' A.A. in the SIAB International on Saturday 22nd March in Scotland will be selected from the JUNIOR and INTERMEDIATE age groups. **There is an additional mixed relay race in both the Junior and Intermediate age-group this year, therefore two additional runners will be selected from the Junior and Intermediate boys' and girls' races making it 10 athletes selected to represent England in the SIAB Cross Country.**

The top 12 runners (2 of whom, 11th & 12th placed finishers will be registered as reserves) will be escorted from the finish by ESAA officials to the International Tent.

Once in the International tent there will be a brief team meeting explaining travel details plus envelopes will be handed out containing all the information required for the international. It is essential that athletes can access a mobile phone in the international tent in order to register their contact details for the International event on 'Google' Forms. Athletes will also collect their international kit.