

TIMETABLE OF RACES:

11:45am – 1:15pm Course open for inspection

RACE 1: 1:30pm SENIOR BOYS

3 x LONG LAPS 6950 metres

RACE 2: 1:31pm MINOR GIRLS

1 SHORT LAP + 1 MEDIUM LAP 2440 metres

RACE 3: 1:55pm SENIOR GIRLS

1 MEDIUM LAP + 1 LONG LAP 3840 metres

RACE 4: 2:20pm MINOR BOYS

1 SHORT LAP + 1 MEDIUM LAP 2440 metres

RACE 5: 2:40pm JUNIOR GIRLS

1 SHORT LAP + 1 LONG LAP 3230 metres

RACE 6: 3:00pm JUNIOR BOYS

1 MEDIUM LAP + 1 LONG LAP 3840 metres

RACE 7: 3:20pm INTERMEDIATE GIRLS

1 MEDIUM LAP + 1 LONG LAP 3840 metres

RACE 8: 3:40pm INTERMEDIATE BOYS

1 SHORT LAP + 2 LONG LAPS 5460 metres

	PEN ORDER						
	1	2	3	4	5	6	7
RACE 1	DEV	DOR	GLOS	SOM	WILTS	AVON	CORN
RACE 2	CORN	DEV	DOR	GLOS	SOM	WILTS	AVON
RACE 3	AVON	CORN	DEV	DOR	GLOS	SOM	WILTS
RACE 4	WILTS	AVON	CORN	DEV	DOR	GLOS	SOM
RACE 5	SOM	WILTS	AVON	CORN	DEV	DOR	GLOS
RACE 6	GLOS	SOM	WILTS	AVON	CORN	DEV	DOR
RACE 7	DOR	GLOS	SOM	WILTS	AVON	CORN	DEV
RACE 8	DEV	DOR	GLOS	SOM	WILTS	AVON	CORN



SHORT LAP = A-G-H-A
 MEDIUM LAP = A-B-F-G-H-A or (FINISH)
 LONG LAP = A-B-C-D-E-F-G-H-A or (FINISH)

OFFICIAL COURSE CROSSING POINTS

**SOUTH WEST SCHOOLS' AA
 CROSS COUNTRY CHAMPIONSHIPS
 SATURDAY 4th FEBRUARY 2023
 BLAISE CASTLE BS10 7QS**
 MEETING ORGANISERS
GLoucestershire SCHOOLS' AA
 MEETING DIRECTOR – ANDREW BEADLE
 REFEREE – GEOFF WICKENS
 England Athletics Race Licence: CC2022/0569
 (Course subject to change according to weather conditions)

